



## Risk Assessment for Bumbles Walk

Name of Group: Bumble Bees RUFC		
Activity: <b>3 Peaks Walk (Long Walk)</b>		
Date of latest revision: 10/9/2020 Revised by: Phil Wilson	Date of Activity: 12/9/2020 Group: Bumble Bees RUFC Volunteers	
Number of adults: 11      Adults With Learning Difficulties: 0		
Hazards	Risk	Risk control measures
Distance from meet locations	Need for emergency contact	<ul style="list-style-type: none"> <li>• A mobile phone must be carried by member of staff leading the group.</li> <li>• Group leader must have list of all players on the trip with their emergency contacts</li> <li>• Route taken should be appropriate for age and ability of group and should be checked before group sets off</li> <li>• Ensure group behaviour and supervision is acceptable and appropriate.</li> </ul>
First Aid	Minor injury or serious illness	<ul style="list-style-type: none"> <li>• First Aider carries first aid kit</li> <li>• Any prescribed medication e.g.inhalers, epipens, with participants</li> </ul>
Rough, uneven ground	Slips, trips or falls	<ul style="list-style-type: none"> <li>• Verbal warning of risk</li> <li>• Suitable footwear to be worn.</li> <li>• Ensure good behaviour and no running</li> </ul>
Traffic	Death or major injury	<ul style="list-style-type: none"> <li>• Verbal warning of risk</li> <li>• Supervise road/car park crossings by groups</li> <li>• Maintain clear sight lines at all road crossings</li> <li>• Use pedestrian crossings wherever possible</li> <li>• Leader at front plus back marker at all times</li> <li>• Walk in single file if narrow paths</li> </ul>
Contact with Animals & Dogs	Minor/ major injury/ death	<ul style="list-style-type: none"> <li>• Health and safety briefing to include importance of not approaching dogs</li> <li>• Verbal reminders of risk</li> <li>• Awareness of animals, especially farm livestock</li> </ul>
Extreme weather conditions	Sunstroke/ sunburn/ dehydration	<ul style="list-style-type: none"> <li>• Ensure group have access to fluids and drink breaks</li> <li>• Avoid prolonged exposure to sun</li> <li>• Modify/ shorten walk as necessary</li> </ul>

<b>Extreme weather conditions</b>	<b>Hypothermia</b>	<ul style="list-style-type: none"> <li>• Modify/ shorten or consider cancelling activities in bad weather</li> <li>• Provide extra clothing as necessary</li> <li>• Be aware of the level of comfort in the group and avoid pro-longed periods of inactivity</li> </ul>
<b>General public</b>	<b>Physical/ verbal abuse/ abduction</b>	<ul style="list-style-type: none"> <li>• Regular headcounts</li> <li>• Volunteers to be vigilant</li> <li>• Front and back markers to be designated with each group</li> <li>• Attempt to de-escalate any potentially confrontational situation if safe to do so</li> <li>• Be prepared to remove group to alternative area if necessary</li> <li>• Follow serious incident procedures and notify police if appropriate</li> </ul>
<b>Separation of group member from group</b>	<b>Getting lost</b>	<ul style="list-style-type: none"> <li>• Regular headcounts</li> <li>• Volunteers/Leaders to manage their groups and escalate all issues to organiser.</li> <li>• Guidelines given to walkers about what to do if separated</li> <li>• Ensure participants let leader know if they are leaving the group early</li> <li>• Clear boundaries for activities</li> <li>• Ensure good behaviour</li> <li>• In the event of unacceptable behaviour, consider shortening walk</li> <li>• Leader at front plus back marker when moving between activities</li> <li>• Follow lost person procedure</li> </ul>
<b>Travel</b>	<b>Covid-19</b>	<ul style="list-style-type: none"> <li>• All passengers should wash their hands (for at least 20 seconds) or sanitise their hands before entering and after exiting the vehicle.</li> <li>• Sharing transport with the same people each time.</li> <li>• Opening windows for ventilation.</li> <li>• Passengers facing away from each other.</li> <li>• Traveling side by side or behind other people, rather than facing them, where seating arrangements allow.</li> <li>• Consider seating arrangements to maximise distance between people in the vehicle.</li> <li>• Cleaning the car between journeys using standard cleaning products – cleaning the door handles and other areas that people may touch.</li> <li>• Ask the driver and passengers to wear a face covering.</li> <li>• Limiting the time spent at garages, petrol stations and services. Passengers should wash their hands (for at least 20 seconds) or sanitise before re-entering the vehicle.</li> </ul>

<b>Transmission of illness</b>	<b>Covid-19</b>	No-one should take part if they, or someone they live with, has any of the following Covid-19 symptoms: <ul style="list-style-type: none"> <li>• A high temperature</li> <li>• A new, continuous cough</li> <li>• A loss of, or change to, their sense of smell or taste</li> </ul> Social Distancing <ul style="list-style-type: none"> <li>• Social Distancing to be maintained in accordance with the local/national guidance</li> <li>• All walkers should remain in their allocated groupings</li> </ul>
Is lone participation expected? No	Are any special groups at risk? Covid-19. Adults with learning difficulties	
First Aid Cover:	Matty Wilson	
Group leader: Dave Duxbury	Signed:	
Position: Organiser		
Approved by:	Signed:	